



Nationwide Children's Hospital ATTN: Community Education 700 Children's Drive Columbus, OH 43205-2696

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# 2022 Sounds of Love in Early Childhood: Music Therapy Class Helps

Your Baby Grow



When your child needs a hospital, everything matters.

### **Program Description**

Sounds of Love in Early Childhood is a research-based music therapy class to aid your baby's growth and development. Through music and play activities, parents learn new ways to help their babies grow. For our families of NICU babies, it's especially important. Parents and babies deserve a chance to "catch up" on some early building blocks of development and work on their future together. This class is led by board-certified music therapists with special training in NICU Music Therapy. We tailor the class to meet each child's developmental needs.

Participants also receive a weekly resource sheet, which includes a weekly featured song and bi-weekly sign language songs where we learn the signs together.

#### **Program Date and Time**

Sounds of Love in Early Childhood meets on Wednesday mornings for 45 minutes for six weeks.

#### Schedule:

Infants 5 to 12 months PMA – 9 a.m. Infants 12 to 24 months PMA – 10 a.m.

#### 2021 Dates:

January 5 – February 9 February 16 – March 23 March 30 – May 4 May 11 – June 15

June 22 – July 27 August 3 – September 7 September 14 – October 19 October 26 - November 30

#### Location

All classes will be held virtually, online. Please register to receive a link to the class.

#### Cost

This program is free to our NICU follow-up and cardiac clinic families. The cost for community families is \$20 for each six-week session.

#### What You Need To Bring

Yourself, your little one, a blanket or towel for "peek-a-boo," and instruments.

#### **Program Questions?**

Contact our music therapists at (614) 722-2847 or NICUMusicTherapy@NationwideChildrens.org.

#### **To Register**

Mail this form, email CommunityEducation@NationwideChildrens.org or visit NationwideChildrens.org/Edu. For registration questions, call (614) 355-0589.

#### Nationwide Children's Hospital Music Therapists

Lelia Emery, MMT, MT-BC, has been a NICU music therapist at Nationwide Children's Hospital for more than five years and has several years of experience working with young children and their families. In addition to working full time in the NICU, she is the Nationwide Children's Music Therapy Internship Director and both coordinates and conducts research with the Maitre Neurodevelopmental Lab within the Perinatal Research Institute. She received her bachelor's in Music Therapy from the University of Alabama and completed her master's in Music Therapy from Shenandoah University with an emphasis in developmental music therapy for older infants in the NICU.

Chloe Heintz, MT-BC, joined the NICU music therapy team in the fall of 2020. She graduated from Western Michigan University in the Spring of 2020 and completed her internship with Children's Hospital of the King's Daughters and Sentara Neurology Specialists in Norfolk, VA. Chloe has previous experience working with infants in a childcare setting, and has gained experience across a variety of populations in music therapy during her training. Chloe currently attends Shenandoah University to pursue a master's in music therapy.



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Make checks payable to Nationwide Children's Hospital. Mail your registration form with payment to: Community Education, Nationwide Children's Hospital, 700 Children's Drive, Columbus, OH 43205, or register online at NationwideChildrens.org/Edu.

## Sounds of Love in Early Childhood

2022 Registration Form

Child's Name:		
Child's Age:		
Name of adult attending and relation to child:		
Phone: ()		
Email:		
Program Fees:		
□ NICU follow-up or cardiac	clinic patient — I	No charge
General public — <b>\$20 per six-week session</b>		
Class child will be attending:		
□ Infants 5 to 12 months PMA	A - 9 a.m.	
□ Infants 12 to 24 months PM	IA - 10 a.m.	
Sessions:		
January 5 – February 9	□ June 22 – July 27	
□ February 16 – March 23	□ August 3 – September 7	
□ March 30 – May 4	□ September 14 – October 19	
□ May 11 – June 15	October 26 – November 30	
Payment Method:		
Cash Check Visa	□ MasterCard	AmEx Discover
Credit card #		
Name on Card		
Billing Address		
City	State	_Zip
Exp. Date	Amount \$	

To learn more, visit NationwideChildrens.org/NICU-Followup-Program.